

# SOUTH VANCOUVER NEIGHBOURHOOD HOUSE ADULT DAY CENTRE AT BEULAH GARDENS

3355 East 5<sup>th</sup> Avenue, Vancouver, B.C V5M 0A1 phone: (604)255-0413 website: <u>www.southvan.org</u> <u>http://svnhadc.blogspot.ca</u>

Welcome Bienvenue 歡迎 Chào mừng Qúi Vị नਆਇ ਨBienvenidos 歡迎 환영합니다 歡迎 सवगतम

**Organization Overview:** South Vancouver Neighbourhood House (SVNH) is a community service agency and charitable organization serving South Vancouver since 1977. As a neighbourhood house, we work toward improving the quality of both community and family life. We offer activities and services for seniors, adults, families, youth, and children, which are determined by the needs and interests of the people living in our community. Each year, nearly 3,000 individuals participate in our programs, which are run in partnership with over 600 volunteers who donate more than 30,000 hours of their time.

Our **Adult Day Programs** provide specialized service for frail seniors and older adults with physical or cognitive challenges who live independently in the community by themselves or with a caregiver. Using a person-centered approach, we are committed to enriching the lives of our participants. We facilitate therapeutic programming which reflects individual needs, interests and abilities and provides participants with opportunities to connect with others and to community.

### **Adult Day Program Volunteer**

Volunteer Role: Adult Day Program Volunteer

Program/Project: Beulah Gardens Adult Day Program

#### **Objectives:**

- The program assistant helps staff and clients with all aspects of daily programming
- Provide friendly conversation and a listening ear to older adult participants

#### Key Responsibilities:

- Welcome participants to the program each morning
- Help staff with coffee, tea and meal service
- Provide support during therapeutic activities and exercise
- General program set up, implementation and clean up
- Provide 1:1 client interaction to help ease challenges of isolation and living alone
- Respect confidentiality
- Report any incidents and emergencies immediately to program staff
- Conduct a health self-assessment before each shift
- Attend all required orientation and training
- Treat all older adults with dignity and respect

#### **Qualifications:**

- Excellent communication skills
- Reliable and punctual
- Empathetic, compassionate and non-judgmental
- Sensitive towards older adults and people from diverse cultures
- Additional languages are an asset



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- Experience with Dementia and/or Alzheimer's an asset

Schedule: 1-2 shifts per week. Shifts run 10am-2pm (4 hours), Monday through Friday

Time Commitment: Ongoing basis, 6-month minimum commitment.

**Benefits to Volunteer:** The opportunity to share your knowledge and experience and engage with a notfor-profit social service organization while contributing to your community in a significant way. We will provide a Certificate of Appreciation for your community service and lunch is provided during your volunteer shift.

For more information, contact Jeannie Furmanek at jeannie.furmanek@southvan.org

\*Applicants for this volunteer role are required to provide <u>two</u> (non-family) reference and pass a criminal record check administered by SVNH \*